

# Join us as a Health Research Champion!

COMMUNITY  
**FIRST**



## Help shape the future of health research

Your voice matters in health research! We believe that health research should include everyone, so all people have a chance to join and benefit. We are particularly interested in hearing from people with disabilities and people from the global majority.

Scan to register interest  
as a Health Research  
Champion



[www.communityfirst.org.uk](http://www.communityfirst.org.uk)

# What can Research Champions do?



## Raise awareness:

Help people learn about health and care research and encourage them to join.



## Speak to groups:

Talk to patient and community groups about health and care research.



## Share information:

Help people find out about research studies, like those on Be Part of Research and Join Dementia Research.



## Join media interviews:

Take part in interviews to help spread the word about research.



## Work with schools:

Visit schools and other learning places to promote research.



## Attend events:

Participate in local events and activities to support research.

## Why become a Research Champion?

### Make a difference:

Have a positive impact on health care and treatments

### Share Your story:

Offer your experiences and insights to help others.

### Connect with others:

Meet people who share your interests and work with professionals.

### Learn and grow:

Gain new skills and knowledge.

## Join us today and make a difference!

Together, we can make sure that health research includes everyone and meets everyone's needs.

Our Motto: "No Research About Us, Without Us"

Let's work together to make sure health research includes and helps all people. Become a Health Research Champion today!

To find out more without committing, please email:

[askyring@communityfirst.org.uk](mailto:askyring@communityfirst.org.uk)

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interest



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